

Oct 16, 2019

Mister Perio
3333 street ave
city, AB 89767856

Dear Mister Perio,

We want to take this opportunity to thank you for the privilege of providing your orthodontic care and the trust you have placed in our office.

As of today, your 6 month active retention period was completed. It is time to release you from active retention care. You have been placed on what we call REQUEST RECALL, which means that you will call us in the future as needed if any retainer adjustments are necessary. If your retainers become lost, broken or do not fit properly, we urge you to have them checked as soon as possible. Additional charges may be rendered according to our customary schedule.

Remember as we discussed the day your braces were removed: To date, **NO** orthodontic research has shown a reliable way to maintain finished orthodontic results other than long-term retainer wear. What does this mean? It means if you do not wear your retainers indefinitely at night as recommended, **your teeth will most likely shift.** Retainer wear must continue as long as you want your teeth to stay the same as the day the braces were removed.

Please continue to visit your dentist on a regular basis to maintain your beautiful smile and should you have any questions in the future, please do not hesitate to contact us.

Thank you again for your confidence in our office and all of your hard work! Enjoy your gorgeous smile!

Sincerely,

L Brown
Your Smile Specialist